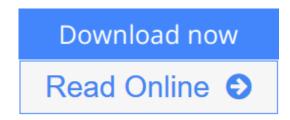


# Addiction Treatment Homework Planner (PracticePlanners)

From imusti



Addiction Treatment Homework Planner (PracticePlanners) From imusti

Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems.

The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features:

- 100 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems
- A quick-reference format—the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and sleep disturbance as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions
- Expert guidance on how and when to make the most efficient use of the exercises
- Assignments that are cross-referenced to The Addiction Treatment Planner,
  Fifth Edition so you can quickly identify the right exercise for a given situation or problem
- All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs



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#### **Editorial Review**

From the Back Cover

- Contains 100 ready-to-copy homework assignments for chemical and non-chemical addiction treatment
- Homework assignments and exercises are keyed to the behaviorally based presenting problems from *The Addiction Treatment Planner, Fifth Edition*
- Assignments are available online for quick customization

## Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems.

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**JAMES R. FINLEY, MA,** is a mental health and addictions therapist who has conducted individual, couples, family, and group therapy with adults, adolescents, and children in outpatient treatment, foster care, residential, and correctional settings. He is the author of *Integrating the 12 Steps into Addiction Therapy* and coauthor of *The Addiction Counselor's Documentation Sourcebook, Second Edition*, and the *Veterans and Active Duty Military Psychotherapy Homework Planner*.

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#### **Annie Smith:**

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#### James Esparza:

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