



Daily Meditations for Practicing The Course (Hazelden Meditations)

By Karen Casey

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Written by best-selling author Karen Casey, this meditation book offers daily inspiration to strengthen your recovery.

Written by the author of the beloved best-seller, *Each Day a New Beginning*, this collection of meditations reinforces the key concepts from the book *A Course in Miracles*, the modern spiritual classic that has changed the lives of millions.

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Daily Meditations for Practicing The Course (Hazelden Meditations) By Karen Casey Bibliography

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Editorial Review

From the Back Cover

INSPIRATION

Bring forgiveness through love into your life every day

The author of the most popular meditation book of all time-*Each Day a New Beginning*, nearly three million copies sold-now brings us the first book of daily meditations on *A Course in Miracles*, the modern spiritual classic that has touched the lives of millions. Each page offers an aphorism and reflection on a key concept of the Course-such as the miracle that comes from shifting one's perception and recognizing what is holy in each of us-making this the most instructive, insightful guide to understanding and following the life-changing principles of the Course everyday.

About the Author

Millions of people around the world spend a few moments in quiet reflection with Karen Casey every day. Karen is the best-selling author of *Each Day a New Beginning*, the first daily meditation book written expressly for women in recovery from addiction. Published in 1981, *Each Day a New Beginning* has sold more than three million copies and has been translated into ten different languages. Over the years, readers around the world have come to regard Karen as a trusted companion on the recovery journey. Among her other best-selling inspirational books are *Keepers of the Wisdom*, *A Woman's Spirit*, *Fearless Relationships*, and *A Life of My Own*. In her newest book, *Serenity* (Hazelden, 2007), Karen shares favorite passages that gently convey simple lessons for living with greater peace, hope, and trust. Karen enjoys golfing and riding her Harley with her husband. She lives in Minneapolis, Minnesota, and Naples, Florida.

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Bessie Morris:

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