



# The Statin Damage Crisis

By Duane Graveline MD

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## The Statin Damage Crisis By Duane Graveline MD

Tens of thousands of people have been victims of a huge array of statin drugs side effects, ranging from permanent cognitive dysfunction and severe personality change to disabilities from permanent peripheral neuropathy, permanent myopathy and chronic muscular degeneration. It has been reported that muscle pain cases frequently become permanent and many neurologists now regard statin neuropathy as predictably resistant to traditional treatment. In addition to the crisis of thousands of people disabled by statin associated neuromuscular problems is the fact that many physicians still remain unaware that statins can even do this. Then there is the crisis of patients being forced into taking a statin because not to do so would result in having to find a new doctor. The Statin Damage Crisis looks at how statins work, the importance of cholesterol in the body, inflammation and atherosclerosis, anti-inflammatory alternatives to statins, serious side effects of statins, plus dietary supplements of possible benefit to those taking statins or that were forced to stop taking a statin due to unpleasant and even disabling side effects. About the Author. Duane Graveline M.D., M.P.H. earned his Doctor of Medicine degree from the University of Vermont College of Medicine in June 1955. He then spent a year as an intern at Walter Reed Army Hospital followed by a year as Chief of Aviation Medicine Service at Kelly Air Force Base. In 1958 Dr. Graveline received a Master's degree in Public Health from Johns Hopkins School of Hygiene and Public Health. An Aerospace Medical residency followed at the Air Force School of Aerospace Medicine and he completed residency training at Brooks Air Force Base receiving specialty certification by the American Board in Preventative Medicine. In 1962 Dr. Graveline was designated a NASA flight controller for the Mercury and Gemini program. In May 1965 Dr. Duane Graveline was selected as one of NASA's six scientist astronauts from 1,400 original applicants. From 1966 to 1991 he practiced medicine as a family doctor in Vermont and served as a flight surgeon for the Vermont Army National Guard helicopter group. In 1982 he took six months leave to return to NASA as Chief of Medical Operations for Kennedy Space Center. After three years as an M.D. locum tenens in Virginia, he retired from medical practice in 1994. Dr. Graveline returned to KSC as NASA consultant in space medicine from 2003 - 2005.

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### **About the Author**

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