



The Enneagram: Pathways to Happiness: An Extraordinary Guide to Realigning Your Life & Becoming Your Best Self

By Veronica Croft

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The Enneagram is a powerful catalyst for personal freedom, growth, and happiness. In this book you will embark upon a journey of self-discovery and profound positive change.

- Discover why you are the way you are and learn profound spiritual truths about your true nature
- Gain unparalleled understanding of others and bring ease to challenging relationships
- Transcend negative patterns, uncover your unique gifts and fulfill your true potential
- Experience real self-acceptance and empowerment and move forward into a more contented and meaningful life

Using this book can enable you to consciously choose the path to positive change instead of repeating unconscious patterns that hold you back from experiencing lasting happiness.

The Enneagram is unparalleled in providing insight into ourselves and others. This book is a treasure trove of wisdom for anyone searching for freedom, happiness, and harmony in their lives. It is of particular value to those interested in human behaviour patterns, including parents and therapists.

Easily accessible for those new to the Enneagram, this book also offers fresh perspectives about the origins of the personality that will be of particular interest to anyone already familiar with the Enneagram."

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Editorial Review

About the Author

Veronica Croft and Chris Croft, mother and son duo, are highly experienced Enneagram teachers and writers and are joint directors of UK-based Enneagram Pathways. Their work follows the original teachings of the Enneagram as taught in ancient civilizations and is uninfluenced by modern-day interpretation.

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