



Coaching Basketball's Zone Attack Using Blocker-Mover Motion Offense

By Kevin Sivils

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Coaches looking to improve their existing zone attack offense, learn how to use Blocker-Mover Motion Offense for their all purpose offense or to pick up new drills to teach zone attack skills and tactics will find Coaching Basketball's Zone Attack Using Blocker-Mover Motion Offense will solve their problems.

With over 400 illustrations in 300 pages, Coaching Basketball's Zone Attack Using Blocker-Mover Motion Offense addresses:

- Common types of zone defenses and their strengths and weaknesses
- Zone attack principles (offensive building blocks any zone attack can use)
- Thoughts on teaching and practicing zone attack offense
- Strategy and tactics for attacking a zone defense
- Drills to teach key offensive fundamentals
- Drills to teach zone attack tactics
- The inside game against a zone defense

Coaches interested in using the Blocker-Mover Motion Offense to attack a zone defense will find over half the material in the book dedicated to using the Blocker-Mover offense to defeat a zone defense. Chapters include:

- Reasons to use the Blocker-Mover offense
- Adapting the Blocker-Mover Motion Offense to zone attack
- Screening the zone with Blocker-Mover offense
- Using alignments to distort the zone defense
- Attacking with the dribble
- Overloading the zone defense
- Using fakes to freeze and shift the zone defense

This companion volume to Coaching Basketball's Blocker-Mover Motion Offense: Winning With Teamwork and Fundamentals (Volume One covers attacking a man-to-man defense using Blocker-Mover offense) covers the other half of quarter court offense. Using Blocker-Mover offense makes it possible to attack any common half court defense using one offense, allowing more practice

time for shooting, defense and fundamentals. Blocker-Mover offense can be used by boys or girls and once learned, allows players to "play the game" instead of running set, controlled plays.

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Coaching Basketball's Zone Attack Using Blocker-Mover Motion Offense By Kevin Sivils Bibliography

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Editorial Review

About the Author

A 25 year veteran of the coaching profession, with twenty-two of those years spent as a varsity head coach, Coach Kevin Sivils amassed 479 wins and his teams earned berths in the state play-offs 19 out of 22 seasons with his teams advancing to the state semi-finals three times. An eight time Coach of the Year Award winner, Coach Sivils has traveled as far as the Central African Republic to conduct coaching clinics. Coach Sivils first coaching stint was as an assistant coach for his college alma mater, Greenville College, located in Greenville, Illinois. Coach Sivils holds a BA with a major in physical education and a minor in social studies from Greenville College and a MS in Kinesiology with a specialization in Sport Psychology from Louisiana State University. He also holds a Sport Management certification from the United States Sports Academy. In addition to being a basketball coach, Coach Sivils is a classroom instructor and has taught U.S. Government, U.S. History, the History of WW II, and Physical Education and has won awards for excellence in teaching and Teacher of the Year. He has served as an Athletic Director and Assistant Athletic Director and has also been involved in numerous professional athletic organizations. Sivils is married to the former Lisa Green of Jackson, Michigan, and the happy couple are the proud parents of three children, Danny, Katie, and Emily. Rounding out the Sivils family are three dogs, Angel, Berkeley, and Al. A native of Louisiana, Coach Sivils currently resides in the Great State of Texas.

Users Review

From reader reviews:

Melissa Conner:

As people who live in the modest era should be change about what going on or details even knowledge to make them keep up with the era which can be always change and advance. Some of you maybe can update themselves by looking at books. It is a good choice for you but the problems coming to you is you don't know which one you should start with. This Coaching Basketball's Zone Attack Using Blocker-Mover Motion Offense is our recommendation to cause you to keep up with the world. Why, since this book serves what you want and need in this era.

Darren Billups:

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Terry White:

Why? Because this Coaching Basketball's Zone Attack Using Blocker-Mover Motion Offense is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will jolt you with the secret it inside. Reading this book alongside it was fantastic author who have write the book in such remarkable way makes the content on the inside easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of positive aspects than the other book get such as help improving your talent and your critical thinking means. So , still want to hold off having that book? If I had been you I will go to the e-book store hurriedly.

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