



The Essential Guide to Aromatherapy and Vibrational Healing

By Margaret Ann Lembo

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The Essential Guide to Aromatherapy and Vibrational Healing By Margaret Ann Lembo

Improve your life and enhance your healing practice with *The Essential Guide to Aromatherapy and Vibrational Healing*, an A-to-Z guide to sixty essential oils and their corresponding vibrational elements. Renowned author Margaret Ann Lembo shows you how to achieve physical, spiritual, and emotional balance using a variety of vibrational tools, including:

- Flower Essences
- Gemstone Essences
- Chakras
- Divine Messengers
- Zodiac Signs
- Planets
- Colors
- Numbers
- Animals
- Holy Water

Discover how different oils can be combined with the power of intention to create and maintain positive change in your life. Learn how aroma-energetic practices support your journey to self-awareness and well-being. Outlining detailed information on all sixty essential oils—from therapeutic properties and fragrances to complementary essences and interesting tidbits—this comprehensive book provides everything you need to heal, transform, and evolve on every level.

Praise:

“[This] is absolutely the best book I’ve read on the topic. It’s all here—and more.”—Cyndi Dale, author of *The Complete Book of Chakra Healing*

“An off-the-charts, must-have resource to have in your home. With such clean style and grace, she reviews the history, the mystical, and all practical applications of essential oils . . . AMAZING!”—Joan Ranquet, author of *Energy*

Healing for Animals

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Editorial Review

About the Author

Margaret Ann Lembo is the author of *Chakra Awakening; The Essential Guide to Crystals, Minerals and Stones; The Angels & Gemstone Guardians Cards; Color Your Life with Crystals*; and seven spoken audio CDs. She is the creator of a line of award-winning Aroma-Energetic Sprays, including Smudge in Spray™ and the seven Chakra Sprays. She is a spiritual entrepreneur and practitioner, aromatherapist, and the owner of The Crystal Garden—a book store, gift store, and spiritual center in southeast Florida.

Users Review

From reader reviews:

David Busby:

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Lucille Grant:

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Kyle Cook:

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