



Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You

By Cynthia Kersey

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Do you crave more out of life, but are unsure about how to get it? Do you secretly fear you don't have what it takes to achieve your true heart's desire? Or if you think you do, is everyone telling you to forget about it and be realistic?

Unstoppable is the first step to creating the life you've always wanted to live. This ultimate personal motivator introduces you to 45 people from all walks of life who will not only inspire you but show you how to overcome any obstacle between you and your goals. These current, real-life role models will show you possibilities for your life and give you the courage and inspiration to triumph!

Along with its heartwarming and inspiring stories, Unstoppable gives you a seven-step action plan that features the tools you'll need to create the life you deserve.

You'll learn:

- How to discover your own unique calling and purpose in life
- The biggest lies that may be stopping you from getting what you want
- The best strategies for turning self-doubt into unstoppable self-confidence
- Seven proven steps to becoming unstoppable in every area of life

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Editorial Review

About the Author

Cynthia Kersey touches thousands of people's hearts nationally by delivering keynote presentations on how to identify and get what you really want in life. She has fourteen years experience in sales and marketing, including selling a multi-million dollar account for a Fortune 500 company. She has helped launch a number of successful entrepreneurial companies and is an active volunteer for Habitat for Humanity and the Boys & Girls Clubs of America.

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from the Introduction

Benefits of an Unstoppable Spirit

Progress is not the only benefit of the unstoppable spirit. People's dreams have come true, communities have united and individuals have been inspired to try one more time.

From the greatest global achievement to the most personal accomplishment in our daily lives, the unstoppable spirit is the driving force for positive change and growth. This spirit is the force that breaks through countless personal barriers--barriers of self-doubt, negativity, and our own perceived limitations. It compels us to persist in striving toward our goals.

But how does one develop an unstoppable spirit? Is it only for those with superhuman abilities? Must one be born with a special gift? This book was born out of my own search for the answers to those questions. After reviewing and thoroughly researching the stories of hundreds of candidates for Unstoppable, I found the answer to be a resounding No. These individuals are not "superheroes." Most of them are just like you and me, experiencing their share of disappointments and frustrations. However, even in those moments, these people exhibit a few distinguishing characteristics that separate them from all others. These characteristics enable them to keep going when others would throw in the towel.

Seven Characteristics of Unstoppable People

Seven characteristics surfaced over and over. Unstoppable people:

1. Devote themselves to their true purpose
2. Follow their heart's passion
3. Believe in themselves and their ideas
4. Prepare for challenges
5. Ask for help and build a support team
6. Seek creative solutions
7. Persevere, no matter what the challenges

Fortunately, anyone who has the will to do so can develop these characteristics. To assist you in that process, this book devotes an entire chapter to each trait. The chapters are clearly illustrated with short profiles of people who have exhibited that characteristic. Most of the people in this book possess more than one of these attributes; however, I have placed each story in the chapter where it best demonstrates a specific characteristic.

In addition to the profiles of unstoppable individuals, each chapter includes a special feature called "In Their Own Words," an assortment of quotes, little-known facts, poems, and cartoons that support each chapter's

theme. In various formats, you will meet dozens of individuals who transformed their dreams into reality. Each one has a different story to tell, and yet each experienced unstoppable results....

Creating the Unstoppable You!

At the end of each chapter, you will find "Your Personal Action Plan" with exercises and a step-by-step guide that will enable you to further develop each characteristic in your own life.

Maybe your goal is not to end world hunger, run a multibillion-dollar company, or make the cover of Time. Maybe your aspirations and desires focus on starting a new business, making a career change or doing volunteer work in your community. Perhaps you've been wanting to run for a school board position, complete a 5K race or pursue the passion for music that you abandoned for more practical pursuits. The size of the goal is not what constitutes an unstoppable spirit. It is personified in anyone who identifies a goal-- something that really matters to that person--and refuses to give up until that goal is achieved.

Users Review

From reader reviews:

Gerald James:

In this 21st one hundred year, people become competitive in every single way. By being competitive currently, people have do something to make them survives, being in the middle of the crowded place and notice through surrounding. One thing that often many people have underestimated the idea for a while is reading. Yep, by reading a guide your ability to survive improve then having chance to stay than other is high. To suit your needs who want to start reading some sort of book, we give you this kind of Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You book as starter and daily reading reserve. Why, because this book is usually more than just a book.

Kathryn Richardson:

This Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You are usually reliable for you who want to be described as a successful person, why. The key reason why of this Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You can be one of many great books you must have is usually giving you more than just simple reading food but feed you with information that probably will shock your earlier knowledge. This book will be handy, you can bring it everywhere and whenever your conditions in the e-book and printed kinds. Beside that this Unstoppable: 45 Powerful Stories of Perseverance and Triumph from People Just Like You forcing you to have an enormous of experience like rich vocabulary, giving you tryout of critical thinking that we understand it useful in your day exercise. So , let's have it and luxuriate in reading.

Karen Lheureux:

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Louetta Cantrell:

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