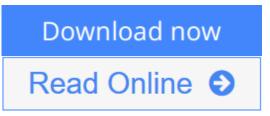


Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders

By Bruce Fife ND, Russell L Blaylock MD



Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders By Bruce Fife ND, Russell L Blaylock MD

More than 35 million people have dementia today. Each year 4.6 million new cases occur worldwide-one new case every 7 seconds. Alzheimer's disease is the most common form of dementia. Parkinson's disease, another progressive brain disorder, affects about 4 million people worldwide. Millions more suffer with other neurodegenerative disorders. The number of people affected by these destructive diseases continues to increase every year. Dementia and other forms of neurodegeneration are not a part of the normal aging process. The brain is fully capable of functioning normally for a lifetime, regardless of how long a person lives. While aging is a risk factor for neurodegeneration, it is not the cause! Dementia and other neurodegenerative disorders are disease processes that can be prevented and successfully treated. This book outlines a program using ketone therapy and diet that is backed by decades of medical and clinical research and has proven successful in restoring mental function and improving both brain and overall health. You will learn how to prevent and even reverse symptoms associated with Alzheimer's disease, Parkinson's disease, amyotrophic lateral sclerosis (ALS), multiple sclerosis (MS), Huntington's disease, epilepsy, diabetes, stroke, and various forms of dementia. The information in this book is useful not only for those who are suffering from neurodegenerative disease but for anyone who wants to be spared from ever encountering one or more of these devastating afflictions. These diseases don't just happen overnight. They take years, often decades, to develop. In the case of Alzheimer's disease, approximately 70 percent the brain cells responsible for memory are destroyed before symptoms become noticeable. You can stop Alzheimer's and other neurodegenerative diseases before they take over your life. The best time to start is now.

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Editorial Review

Review

Dr. Fife outlines a specific battle plan to combat these disorders, one that fits very nicely with what we know of these disorders and is easy to follow. I would encourage everyone faced with the possibility of encountering neurodegenerative disease, which now includes most of us, to read this book carefully. It is a treasure trove of invaluable information and practical advice. --Russell L. Blaylock, MD, Board Certified Neurosurgeon and author of Excitotoxins: The Taste That Kills

A must read for any and all health care professionals, as well as any family members or friends of those stricken by these maladies. --Jeffrey Grill, MD

Stop Alzheimer s Now! represents a major step forward in Alzheimer s disease, exposing the reality that Alzheimer s and other brain diseases are inflammation-related disorders and therefore can be effectively treated and potentially completely prevented by reversing inflammation through better nutrition and healthy lifestyles. --Catherine Shanahan, MD, author of Deep Nutrition: Why Your Genes Need Traditional Food

Stop Alzheimer's Now!...will not only be beneficial for Alzheimer's but also for a wide variety of other diseases. I strongly recommend reading this book! --Sofie Hexeberg, MD, PhD

A must read for everyone concerned with Alzheimer's disease...the author explains how diet modifications and the addition of coconut oil can drastically change the course of the disease. --Edmond Devroey, MD, The Longevity Institute

The author's dietary recommendations are a valuable aid to nutritional therapy of chronic neurodegenerative diseases. I recommend this enlightening book to both physicians and those who simply want to better understand how our brain functions. --Igor Bondarenko, MD, PhD

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Users Review

From reader reviews:

Ignacio Lewis:

Have you spare time for the day? What do you do when you have considerably more or little spare time? Yeah, you can choose the suitable activity regarding spend your time. Any person spent their very own spare time to take a walk, shopping, or went to the Mall. How about open or maybe read a book called Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders? Maybe it is for being best activity for you. You already know beside you can spend your time together with your favorite's book, you can smarter than before. Do you agree with the opinion or you have additional opinion?

Edward McCain:

A lot of people always spent their free time to vacation or go to the outside with them family or their friend. Did you know? Many a lot of people spent they will free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity that's look different you can read some sort of book. It is really fun to suit your needs. If you enjoy the book that you read you can spent all day every day to reading a e-book. The book Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders it is quite good to read. There are a lot of people who recommended this book. These were enjoying reading this book. Should you did not have enough space to create this book you can buy the e-book. You can m0ore easily to read this book from the smart phone. The price is not to fund but this book offers high quality.

Erica Lewis:

The reason? Because this Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders is an unordinary book that the inside of the e-book waiting for you to snap this but latter it will zap you with the secret the item inside. Reading this book adjacent to it was fantastic author who else write the book in such amazing way makes the content inside easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of advantages than the other book have such as help improving your expertise and your critical thinking way. So , still want to delay having that book? If I ended up you I will go to the guide store hurriedly.

Terry Myers:

Is it anyone who having spare time in that case spend it whole day by watching television programs or just laying on the bed? Do you need something new? This Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders can be the solution, oh how comes? It's a book you know. You are so out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these publications have than the others?

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