



# Touch Me There!: A Hands-On Guide to Your Orgasmic Hot Spots (Positively Sexual)

By M.S. Yvonne K Fulbright

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This lively hands-on guide is the first book to focus exclusively on all of the body's titillating hot spots, offering lovers a new realm of sexual exploration and experience. Sexologist Yvonne K. Fulbright gives readers of all sexual orientations a guided tour of the male and female body's wild attractions and explains how to maximize pleasure from head to toe. Individual chapters detail her hot spots, his hot spots, mind-blowing spots for both sexes, and positions and toys for ultimate stimulation. All four sections help readers find nature's hidden treasures, dispelling notions of what "can't" be done. A plethora of sex tips, techniques, and tools that build intimacy and communication skills leads to even greater sexual and emotional satisfaction. The information is delivered thoroughly but not *too* thoroughly, encouraging lovers to engage in their own sensual how-to sessions.

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**Touch Me There!: A Hands-On Guide to Your Orgasmic Hot Spots (Positively Sexual) By M.S. Yvonne K Fulbright Bibliography**

- Sales Rank: #320319 in Books
- Brand: Romance and Techniques
- Published on: 2007-03-22
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x 8.00" w x .25" l, .40 pounds
- Binding: Paperback
- 192 pages

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### Editorial Review

#### Review

Fulbright a sexuality educator, writer, and consultant, incorporates techniques from tantra, yoga, acupressure, and reflexology in this detailed Baedeker to erotic parts. The tour also visits numerous body parts often overlooked: testicles and prostate as well as areas on the head, torso, and limbs. The writing is clear and friendly with detailed instructions and exercises for different types of stimulation... — **Library Journal**

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Sex educator Yvonne Fulbright continues to fulfill her civic duty of teaching the public still more about how to have fabulous sex with her second book, *Touch Me There!* A delightful, humorous, yet truly educational read, *Touch Me There* offers something for everyone – from the sexual novice to the sexpert. While topics range from orgasmic hot spots to acupressure points, reflexology, and yoga postures designed to facilitate arousal and sexual enjoyment, *Touch Me There* never fails to highlight the importance of a couple's emotional relationship when connecting intimately. If you come to this book thinking "it's just another book on technique", you'll be pleasantly surprised. Couples are guided through a variety of interesting and creative exercises to facilitate their sexploration. I find Fulbright's book to be a fabulous addition to my bookshelf. - **Dr. Marianne Brandon, former Book Review Editor for AASECT, and current President of Wellminds Wellbodies LLC**

*Touch Me There!* is one of the most intelligent books I've read about sex in a long time. Yvonne K Fulbright Ph.D. is a renowned sexologist as well as being the author of *The Hot Guide to Safer Sex* and *Sex With Your Ex... and 69 Other Things You Should Never Do Again (Plus a Few That You Should)*. She has appeared in magazines, newspapers and TV shows offering sensible but practical guidance and advice on how to make good sex better. *Touch Me There* is her latest title and continues Yvonne's stylish blend of non-didactic tuition to all matters sexual.

In the first chapter Yvonne explains that the book is intended to offer the necessary "recipe" to transform any reader into a "Master Chef" of the bedroom. I could be coarse here, and make some tacky joke about "enjoying a sausage roll," but this book impressed me with its thoughtfulness and broad spectrum of influences, so I'm not going to descend to such puerile levels of schoolboy humour.

The main thing I enjoyed about *Touch Me There* was the way Yvonne blended her understanding of physical and biological responses with an accessible introduction to holistic disciplines. In covering areas like the clitoris she explodes the myths that have been built on the foundations of this favourite pleasure button, explains the true nature of the clitoris, and goes on to offer guidance on how to get the best out of it. More than that, Yvonne also offers suggestions on how to stimulate clitoral arousal through acupressure, with illustrated advice on how to obtain adopt a series of yoga positions that are most beneficial for clitoral stimulation, and all of this sensibly tempered with sexual health considerations.

The repeated references to yoga, acupressure, reflexology, Taoism and Tantric sex bring the book firmly into the realm of the twenty-first century's new age underpinnings. And the blend works wonderfully well. In our current climate where we accept the findings of science, but prefer to have them reinforced by the wisdom of more established (if slightly esoteric) practices, Yvonne seems to have found the best way to explain how things work, why they work, and how we can make them work better.

Yvonne also manages to address a variety of sexual practices in an honest, open and non-critical manner. She offers suggestions for a wealth of fun activities that include oral, anal, fisting and the fun that can be had with sex toys, and all with unintrusive reminders that sex should be fun and safe.

However, the main strength of this book is that it illuminates the erotic and erogenous potential of the typical male and female hot spots. These are not just confined to our familiar sweaty bits and Yvonne takes time to explore the erogenous potential of areas as diverse as shoulders and scalp, right down to my own personal favourites.

And Yvonne clearly knows what she is talking about because she repeatedly backs up her statements and arguments with references from renowned studies and highly regarded experts. At the back of the book she also offers an extensive list of resources and recommended reading for anyone who wants to expand their knowledge on any of the included topics.

And, now I have the recipe to be a "Master Chef" in the bedroom, I'm ready to serve any hungry woman who thinks I can satisfy her appetite. (Please contact me through the address at the bottom of this page to book your main course).

For those who would rather learn these tricks for themselves: *Touch Me There* is an extremely intelligent book and a must have for anyone intelligent enough to want to make good sex better. - **Ashley Lister, Erotica Readers & Writers Association**

"Sexologist Yvonne K. Fulbright discusses in detail how to stimulate your lover and yourself in her book, *"Touch Me There!"* She begins by asking readers to promise three things. First, to realize that there are many hot spots of the body; they are not limited to the genital area and that stimulation is not a just foreplay activity. "Intimacy does not need to involve intercourse or orgasm for it to be deemed successful." Secondly, you must be willing to learn to communicate. Talk to your partner and enlighten them when something feels good and when it is a turn on. Third, you must be open to new ideas and concepts, explore things you might have considered taboo.

There are chapters dedicated to female pleasure and male pleasure. Several chapters discuss hot spots for both male and female. Ms. Fulbright has included exercises and illustrations to assist the reader in learning to give pleasure.

*Touch Me There!* arrived just a few days before we left on vacation. The timing could not have been better. I read the book and then went back and studied the illustrations. Armed with the book, I was ready to take my husband by surprise (and did). Sexologist Yvonne K. Fulbright presents the information in a simple, easy-to-understand format. My only criticism would be that many of us are not as flexible as we wish we were; some of the positions would be impossible for me. However, that is not Ms. Fulbright's fault; it is just a fact as I age. I was particularly interested in finding ways to increase my husband's pleasure. I used several of her suggestions, successfully. I had never heard of the "Rushing Door or the Mansion Cottage or the Crooked Bone." My favorite chapters are 11 and 13. There is a glossary at the end of the book. *Touch Me There!* is an excellent instruction manual. You will be glad you read it. - **Reviewed by Anne Boling for Reader Views**

## **Users Review**

### **From reader reviews:**

#### **Jesse Ward:**

Now a day people that Living in the era wherever everything reachable by connect with the internet and the resources inside can be true or not involve people to be aware of each facts they get. How people have to be smart in having any information nowadays? Of course the answer is reading a book. Reading through a book can help persons out of this uncertainty Information mainly this Touch Me There!: A Hands-On Guide to Your Orgasmic Hot Spots (Positively Sexual) book as this book offers you rich info and knowledge. Of course the details in this book hundred percent guarantees there is no doubt in it you may already know.

#### **Maria Mariani:**

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#### **Karen Delamora:**

The reason? Because this Touch Me There!: A Hands-On Guide to Your Orgasmic Hot Spots (Positively Sexual) is an unordinary book that the inside of the book waiting for you to snap it but latter it will distress you with the secret this inside. Reading this book next to it was fantastic author who also write the book in such incredible way makes the content inside of easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you for not hesitating having this any more or you going to regret it. This book will give you a lot of benefits than the other book get such as help improving your skill and your critical thinking approach. So , still want to delay having that book? If I were you I will go to the book store hurriedly.

#### **Deanna Thompson:**

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