



Wean that Kid: Your Comprehensive Guide to Understanding and Mastering the Weaning Process

By Kristi Patrice Carter J.D.

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Created for loving mothers, like you, this helpful guide provides you with the tools you need to create a weaning plan that fits your child's unique temperament, distinct personality, and special needs. Through her unbiased support and non-judgmental approach, writer and mother Kristi Patrice Carter helps lessen the stress and pressure often associated with weaning. Wean that Kid gives you inside information about various weaning processes, and provides you with proven tips and easy-to-follow advice. Based on Carter's personal experience weaning her three children, as well as interviews with experts and proven research, this book details various weaning methods and techniques to help you create weaning plan personalized to you and your child's needs. It also gives you access to 101 weaning activities you can do with your child, as well as your very own weaning tracker, personal journal, affirmations, and more! If you're tired of reading books that push extended nursing and attempt to discourage you from weaning, aren't sure which weaning method is right for your child, or just need some extra, unbiased support, then Wean that Kid is for you.

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Editorial Review

About the Author

Kristi Patrice Carter is a wife, mother, businesswoman, author, and creator of several sites, including <http://www.weaningthang.com>, a site specifically for mothers who need in-depth breastfeeding and weaning support. This is Carter's second book, and showcases proven methods and expert advice she has used to successfully wean her three children.

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