



You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others

By Robert B. Stone, José Silva

Download now

Read Online 

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva

Based on the most successful mind development program in the world today, this book offers the complete course in Silva Mind Control techniques in a do-it-yourself format. In just 40 days, YOU THE HEALER can teach readers how to use the power of their brains to place them firmly on the path to good health.

 [Download You the Healer: The World-Famous Silva Method on H...pdf](#)

 [Read Online You the Healer: The World-Famous Silva Method on...pdf](#)

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others

By Robert B. Stone, José Silva

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva

Based on the most successful mind development program in the world today, this book offers the complete course in Silva Mind Control techniques in a do-it-yourself format. In just 40 days, YOU THE HEALER can teach readers how to use the power of their brains to place them firmly on the path to good health.

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva **Bibliography**

- Sales Rank: #84852 in Books
- Brand: Brand: HJ Kramer/New World Library
- Published on: 1992-12-28
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 6.00" w x 1.00" l, .67 pounds
- Binding: Paperback
- 276 pages

 [Download You the Healer: The World-Famous Silva Method on H ...pdf](#)

 [Read Online You the Healer: The World-Famous Silva Method on ...pdf](#)

Download and Read Free Online You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva

Editorial Review

Review

You the Healer is an eye opening, useful tool. It contains a forty-day step-by-step, home study course on how to become a healer and how to create and live a healthy disease-free life. It provides healing techniques that are not too esoteric and not too difficult. It's useful for everything from quitting addictions to migraine headaches - a very attractive and practical offering. -- *Magical Blend Magazine*, January 1990

Deprogramming negativity to facilitate wellness is the underlying principle of the Silva Method. In other words, by changing your mind you can change your health. There are thousands of success stories that serve as testimony to the effectiveness of the Silva Method, many of which have been documented by the authors in this book, making it interesting reading as well as enlightening. -- *Connecting Link*, Issue 8

From the Publisher

To our readers: The books we publish are our contribution to an emerging world based on cooperation rather than on competition, on affirmation of the human spirit rather than on self-doubt, and on the certainty that all humanity is connected. Our goal is to touch as many lives as possible with a message of hope for a better world. - Hal and Linda Kramer, Publishers

From the Back Cover

As the nation's health declines and allopathic medicine fails to stem the tide of degenerative diseases, mind-body medicine has become an important alternative for the 1990s. Based on the most successful mind development program in the world today, *You the Healer* offers the complete course in Silva Mind Control techniques in a do-it-yourself format. In just forty days, *You the Healer* can teach you to use the power of your own brain to place you firmly on the path to good health.

Jose Silva, a brilliant lay research scientist, began his exploration into the mind in the 1940s. After much experimentation, he discovered that the mind operates on many different frequencies or levels. He found that by attuning to the special frequency called alpha, a healing state is activated. The state can be used to achieve maximum well-being; it can be applied to healing yourself as you work with your health-care professional, and it can be used to help you heal others. *You the Healer* teaches you to activate alpha frequencies at will.

"In 1966 Jose Silva began to teach the Silva Mind Control Method. Ten million people in over eighty countries have opened the door to professional success, personal happiness, and maximum wellness based on these teaching. In collaboration with Robert B. Stone, Ph.D., the author of more than seventy-eight self-help books and a Silva Method lecturer, Jose Silva has adapted these amazing techniques to assist you in achieving a healthier, happier and more vibrant life. An eye-opening useful toola very attractive and practical offering." (*Magical Blend Magazine*)

"By changing your mind, you can change your health."(*Connecting Link*)

"When it comes to mind medicine there certainly is a lot of fog to be cleared. Jose Silva does this better than anyone else." (*Fate*)

Users Review

From reader reviews:

Dorothy Wright:

Why don't make it to become your habit? Right now, try to ready your time to do the important action, like looking for your favorite guide and reading a guide. Beside you can solve your condition; you can add your knowledge by the guide entitled *You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others*. Try to stumble through book *You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others* as your good friend. It means that it can to be your friend when you feel alone and beside those of course make you smarter than ever. Yeah, it is very fortunated for you personally. The book makes you much more confidence because you can know anything by the book. So , let's make new experience and also knowledge with this book.

Stephen Wilson:

Now a day those who Living in the era everywhere everything reachable by match the internet and the resources inside can be true or not call for people to be aware of each info they get. How a lot more to be smart in receiving any information nowadays? Of course the correct answer is reading a book. Studying a book can help men and women out of this uncertainty Information specifically this *You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others* book since this book offers you rich details and knowledge. Of course the information in this book hundred per-cent guarantees there is no doubt in it you probably know this.

Camille Wolfe:

Playing with family in a park, coming to see the ocean world or hanging out with pals is thing that usually you could have done when you have spare time, then why you don't try thing that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love *You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others*, it is possible to enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh seriously its mind hangout men. What? Still don't buy it, oh come on its named reading friends.

Danica Johnson:

That reserve can make you to feel relax. That book *You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others* was vibrant and of course has pictures on the website. As we know that book *You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others* has many kinds or genre. Start from kids until adolescents. For example *Naruto* or Investigation company *Conan* you can read and think you are the character on there. So , not at all of book tend to be make you bored, any it makes you feel happy, fun and relax. Try to choose the best book for you and try to like reading in which.

**Download and Read Online You the Healer: The World-Famous
Silva Method on How to Heal Yourself and Others By Robert B.
Stone, José Silva #15ZVRCOWBXJ**

Read You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva for online ebook

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva books to read online.

Online You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva ebook PDF download

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva Doc

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva Mobipocket

You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva EPub

15ZVRCOWBXJ: You the Healer: The World-Famous Silva Method on How to Heal Yourself and Others By Robert B. Stone, José Silva