



Skymates: Love, Sex and Evolutionary Astrology (Volume 1)

By Steven Forrest, Jodie Forrest

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In this positive, and radically expanded edition of their classic book on the astrology of relationships, Steven and Jodie Forrest emphasize freedom of choice, honest communication, and mutual psychological understanding as the keys to satisfying, lasting intimacy. Drawing on countless hours with clients, the Forrests weave a coherent blend of astrology, modern psychology and reincarnation. Beginners as well as professional astrologers will particularly love the extensive and detailed “cookbook” sketches of planets in the relationship houses. Saturn in your House of Marriage? Your Sun squares your partner’s Venus? Just look it up. The first edition of SKYMATES became a cult classic; this new one goes light years further.

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Editorial Review

Review

"A book made for anyone who dreams of having a match made in the heavens! I can't recommend it enough!" -Trudie Styler, actress, producer, U.N. Ambassador for UNICEF "The Forrests make their science and their art accessible to us all, and provide avenues of growth far deeper than reflection or even psychotherapy could provide . . . This book is a must-have for anyone doing the spiritual work of relationships." -Tracy Gaudet, M.D., Director, Duke Integrative Medicine "A fantastic guide for those looking to discover or recover that romantic spark!" -Kelli Fox, founder of Astrology.com "Steven and Jodie's intuitive approach makes this a wonderful guide to personal relationships. Their sound astrological principles are undeniably helpful, informative, and make good practical sense." -Danny Kee, Director of A&R, Warner Bros Records "A simple step-by-step approach with lots of encouragement. An invaluable reference book, with exciting new interpretations and guidelines to keep your analysis on track and innovative. I highly recommend Skymates." -Marilyn Harquail, The Astrologers' Newsletter

About the Author

Steven Forrest is a professional astrologer and public speaker whose astrological bestsellers include *The Inner Sky* and *Yesterday's Sky*. His astrological apprenticeship program reaches students from around the world. Visit his website: www.forreastastronomy.com.

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SKYMATES: Love, Sex, and Evolutionary Astrology, Volume One

Preface to the New Edition This new edition of *Skymates* is based on the previous edition in about the same way a Boeing 777 is based on the contraption the Wright brothers flew. Even if you have a dog-eared copy of the older book, we encourage you to open this one at random and take a look. You'll see the differences right away.

Our previous *Skymates* came out toward the end of the last century, in 1989, as a Bantam Books original, and the identical text was reprinted in 1992 under a new cover by ACS Publications.

Saying "toward the end of the last century" may seem precious here in the summer of 2001, but it feels right. When we wrote that book, we had been married only four or five years—whistling past the graveyard, we joked a lot about tempting the Fates by writing a book about marriage so early in our own journey together. Now we're twenty years down the road, still loving each other one day at a time. We've learned a thing or two, and we've incorporated all of that into these pages. That's one big difference.

Another difference is that we're both in bed with our publishers nowadays. Seven Paws Press is our own business. That gives us a lot of freedom to write in our own voices, independent of the pervasive pressure on astrological writers to dumb everything down. We're still stinging from a conversation with an editor who insisted that "enhanced" was too hard a word for the astrological audience. We know that you, our readers, are smarter than that. On the other hand, perhaps we should be thankful to that editor—Seven Paws Press owes a lot of its direction and intent to that exchange.

There are also many concrete differences between this new book and the previous one. The most obvious distinction is that we've added extensive "cookbook" sections. Learning to think astrologically is really the higher ground, but many readers have expressed appreciation for simply being able to look things up. If your

natal Sun squares your partner's Venus, turn to Chapter Thirteen. If you are wondering about the sexual significance of Saturn being in your eighth house, try Chapter Eleven.

We've come to particularly “enhanced” understandings of the intimate meanings of two of astrology's core symbols: the fourth and sixth houses. We've added those perspectives to our previous “arc of intimacy” material—and supplemented that entire section of the book with detailed analyses of what it means to have each particular planet in houses four, five, six, seven or eight. Name the configuration: it's there.

Back in our Bantam Books days, we were discouraged from making our writing “too spiritual.” That led to a diminished focus on the evolution of consciousness, and specifically on the psychological dynamics of reincarnation. We've filled that vacuum here—although if you are uncomfortable with the idea of reincarnation, we think you will still find the book mostly accessible. Some of our assumptions are unabashedly metaphysical, but we try to speak the verifiable language of experience, and also of psychology. You can, in all cases, try on what we say and see if it works for you.

Finally, to make room for the extra content, something had to go. We decided to excise all the material about the composite chart which made up Part Four, “The Eternal Triangle,” of the original Skymates. That was a hard choice, but it was made even more pressing by the fact that we have learned enough about the composite chart over the last fourteen years to fill another book.

Writing that one is our next project. We hope to have Skymates, Volume Two: The Composite Chart, available sometime in 2003.

Jodie and Steven Forrest Borrego Springs, California July 21, 2001

Users Review

From reader reviews:

Ralph Capra:

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