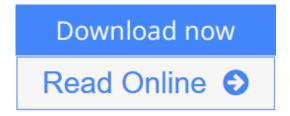


Stop Caretaking the Borderline or Narcissist: How to End the Drama and Get On with Life

By Margalis Fjelstad



Stop Caretaking the Borderline or Narcissist: How to End the Drama and Get On with Life By Margalis Fjelstad

People with Borderline or Narcissistic Personality Disorders are master manipulators; Caretakers fall for them every time. This book helps Caretakers break the cycle and puts them on a new path of personal freedom, discovery, and self-awareness, through the use of real stories and practical suggestions from a seasoned therapist.



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Stop Caretaking the Borderline or Narcissist: How to End the Drama and Get On with Life By Margalis Fjelstad Bibliography

• Sales Rank: #21234 in Books

• Brand: imusti

Published on: 2014-08-14Released on: 2014-08-14Original language: English

• Number of items: 1

• Dimensions: 9.00" h x .58" w x 6.00" l, .0 pounds

• Binding: Paperback

• 228 pages

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