



Healing Days: A Guide for Kids Who Have Experienced Trauma

By Susan Farber Straus

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Healing Days is a sensitive and reassuring story intended for children who have experienced trauma and covers the feelings, thoughts, and behaviors that many kids have after a bad and scary thing happens. A useful book to read with a parent or therapist, Healing Days emphasizes that children are not to blame for what happened, and that they can get help and look forward to a happy future. Kids will begin to understand their response to the trauma and learn some strategies for feeling safer, more relaxed, and more confident.

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Editorial Review

Review

A sensitive and reassuring story intended for children who have experienced trauma...What an OUTSTANDING resource. --Books That Heal Kids

I am thrilled to find Susan Farber Straus very sensitive and comforting book due to its relevance in our world today. Although the story is told from the viewpoint of one child, each page features pictures of a diverse group of children of all ages acting out the narrative. This book is a fabulous tool for parents, guidance counselors and therapists to read with a child when they may suspect a trauma. And that trauma could range from abuse, an accident, school and home violence, bullying, the sudden death of a parent or sibling to natural disasters like tornadoes, hurricanes and floods that are prevalent today in the world. The book also helps children know they aren't alone and that they can find ways to heal. Maria Bogade's illustrations are warm, and comforting, and beautifully show the emotion of the children. --Patricia Tilton, Children's Books Heal

About the Author

Maria Bogade is an illustrator whose work has been published in countries around the globe. After having studied Audiovisual Media at the University of Media in Stuttgart she worked as a freelance animation artist on award-winning projects, including "The Gruffalo" and "Princess' Painting", before pursuing her dream of being a children's book illustrator. She lives with her family in a tiny town in Germany.

Users Review

From reader reviews:

Cameron Keller:

This Healing Days: A Guide for Kids Who Have Experienced Trauma book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book will be information inside this guide incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. That Healing Days: A Guide for Kids Who Have Experienced Trauma without we comprehend teach the one who studying it become critical in thinking and analyzing. Don't end up being worry Healing Days: A Guide for Kids Who Have Experienced Trauma can bring whenever you are and not make your bag space or bookshelves' come to be full because you can have it in the lovely laptop even phone. This Healing Days: A Guide for Kids Who Have Experienced Trauma having excellent arrangement in word and layout, so you will not truly feel uninterested in reading.

Harry Oliver:

Information is provisions for folks to get better life, information nowadays can get by anyone from everywhere. The information can be a expertise or any news even an issue. What people must be consider when those information which is in the former life are difficult to be find than now is taking seriously which one is appropriate to believe or which one the particular resource are convinced. If you have the unstable resource then you get it as your main information you will have huge disadvantage for you. All of those

possibilities will not happen with you if you take *Healing Days: A Guide for Kids Who Have Experienced Trauma* as the daily resource information.

April Brooks:

Spent a free time to be fun activity to try and do! A lot of people spent their leisure time with their family, or their very own friends. Usually they undertaking activity like watching television, likely to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your free time/ holiday? Can be reading a book could be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the book untitled *Healing Days: A Guide for Kids Who Have Experienced Trauma* can be good book to read. May be it might be best activity to you.

Roxie Gregory:

A lot of people always spent all their free time to vacation as well as go to the outside with them household or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent 24 hours a day to reading a e-book. The book *Healing Days: A Guide for Kids Who Have Experienced Trauma* it doesn't matter what good to read. There are a lot of people that recommended this book. They were enjoying reading this book. In the event you did not have enough space to bring this book you can buy typically the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not too costly but this book possesses high quality.

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