



Jini's Healing Guide: Natural Treatment for Anal Stenosis and Strictures

By Jini Patel Thompson

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This eBook by colon and bowel disease expert Jini Patel Thompson gives you the home remedy she used to heal her own scar tissue in her anal canal. Jini's anal stenosis and stricture was so severe, her anal opening had narrowed to five mm (the width of a tooth) and her scar tissue was two inches long up the rectum.

When inflammation has been present for a long time in the rectum or anal canal, it sometimes causes scarring (fibrosis). Repeated ulceration and healing (often from proctitis) can also result in scar tissue. Surgical procedures for hemorrhoids, skin tags, anal dilation, sphincterectomy, etc. all cause scar tissue as the body heals the wound. Scar tissue is not as flexible as healthy tissue and the gradual build-up and thickening of scar tissue can narrow and constrict the rectal or anal canal, resulting in a stricture.

Sometimes this narrowing (anal stenosis or rectal stenosis) comes on very gradually, so you think you are constipated, rather than realizing there is a physical obstruction of scar tissue blocking your stool from coming out. Then of course, as you strain and push to get the stool out, this can cause more tearing (and as it heals, more scar tissue) along with hemorrhoids, strained rectal and anal muscles, spasm and aggravated nerves. The pudendal nerve branches like tree roots all throughout the levator ani muscles and can become trapped or aggravated. Rectal spasming (cramping) and aggravated nerves will then constrict your rectum even further.

This natural remedy uses powerful healing substances like DMSO, potassium iodide, aloe vera and colloidal silver. As you may know, Jini tests all her natural healing remedies on herself first, then her family members and friends, then her LTYG Wellness Circle members, and then she opens it up to her larger pool of readers.

In this eBook Jini gives you all the details of how this protocol has worked so well for her own 23-year-old scar tissue, plus one of her readers, Monica (name changed for privacy), who had a severe stricture in her anal canal. Monica even had her healing confirmed with a colonoscopy where her doctor said, "If I hadn't

been your doctor all along and seen your stricture for myself, I would never believe you had a stricture – the tissue is completely normal and there is absolutely no indication of where the stricture was.”

Note: If you suffer from strictures in your small or large intestine, we have a separate natural healing remedy for that called Intestinal StrictureHeal (see Jini's Healing Guide: Natural Treatments for Intestinal Strictures) – so use that one instead. Or use both if you have strictures in your rectum and intestines.

WARNING: This protocol is still in the experimental phase, so be sure and read the eBook thoroughly (maybe twice) and follow your own gut regarding implementation.

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- Sales Rank: #772560 in eBooks
- Published on: 2013-04-21
- Released on: 2013-04-21
- Format: Kindle eBook

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Benjamin Herrera:

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